

HOW TO USE THE SHE-P

This is a short instruction, more information and latest updates are on our FAQ page on www.she-p.com.

ADHESIVE:

Spray on, spread into an even film on the whole 'wing' area, wait till tacky (depending on the air temperature this can be 1 - 5 minutes or even a whole night) and place as far back as basically possible without covering the anus. Press into place, if you need to readjust, this can be done with small areas. You can also put some spray on your finger and pre-apply to the rear contact area before placing the device if you are having leaking issues in the back.

Note: use untested adhesives at your own risk; some adhesives contain chemicals that may damage your skin or the silicone.



Best place to install the She-P

The She-P can be secured with tape or two g-strings (one g-string on every side of the 'tube' and pull them up high on the back).

Pee before the dive (in the water or on land) to be sure it is well placed.

You can put a small sanitary napkin on top. The napkin is a good safety measure during the dive in case there is a small leakage. When removing the She-P a little urine is left inside, this is what the orange cap is for 😊.

Although the silicone She-P is very durable, use common sense and be careful with the material.

CLEANING

Removing Hollister spray from the She-P: Smith&Nephew remover wipes, 'waterproof make-up' remover or alcohol can be used. (note: do never use NON-acetone nailpolish remover!). After cleaning disinfect the She-P with isopropyl alcohol.

Removing Hollister Spray from your skin: Gently wipe off with the remover wipes or baby oil (mineral oil) and soft cloth. This will cause the adhesive to 'ball up' and then just brush away with dry cloth. Your She-P will remain a little sticky afterwards, this does not affect the material.

Never forget to flush the P-valve in your drysuit with clean water.

EXTRA INFORMATION

* Maybe you'll find it hard to pee underwater, concentrate and keep trying; maybe you need - like everyone - a few 'training dives' .

* After a period of time the silicone can change colour a bit, this has no effect on the quality of the material.

* If the adhesive is not sticking to your skin it could be one of the following issues:

- A new razor often has a moisturizing strip that leaves a residue
- Skin is sweaty and not dried adequately before application
- Maybe you did not wait quite long enough for adhesive to get tacky before application, depending on the air temperature, this can be between 30 seconds and 5 minutes.

If you have any questions you can find lots more information on www.she-p.com/faq, the Facebook Group (see QR below), or contact me at info@she-p.com

QR code to the Divine Secrets of the She-P Sisterhood Group on Facebook:



Have fun with your She-P!
Greetz, Heleen